



# Understanding Lung Cancer: An Introduction for Patients and Caregivers

*Naheed Ali*

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Cancer of any kind is scary, but lung cancer is unique in that most people think that only people who smoke can or do get it. The truth is that anyone can get lung cancer, and it can be deadly. In 2008 (the most recent year numbers are available), 208,493 people in the United States were diagnosed with lung cancer, while 158,592 people in the United States died from lung cancer. Here, Dr. Naheed Ali dispels the notion that only smokers develop lung cancer, but also goes over their increased risk for getting the disease, while also considering the risk factors that non-smokers face. He provides background and tips for combating lung cancer, from prevention, to treatment, to coping with the disease should a person fall victim.

In typical fashion, Ali helps readers to understand what lung cancer is, how it develops, its different forms, and how both patients and caregivers can approach healing and treatment. Offering a clear background on the disease and its development, this work will help lung cancer sufferers and their friends and family better cope with and understand the diagnosis.

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