



Why Men Won't Commit: Getting What You Both Want Without Playing Games

George Weinberg Ph.D.

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Dr. George Weinberg has been a therapist for over twenty-five years. In that time, he has worked with a great range of men, and he has discovered that deep down, men actually want commitment, love, and permanence every bit as much as women do. Over the years, his patients -- even those who have had a string of failed relationships -- have expressed deep desires for permanent, monogamous marriages.

So why do they behave as if they don't?

And what can a woman who wants a relationship do to help her man commit?

While other therapists tend to be students of women, Dr. Weinberg is a student of men. From childhood, most men have been taught to be strong and silent, never to show weakness. They've been discouraged from talking about their feelings, so they never learned the skill. Now, most are on a quest for the ready-made perfect woman. They feel that, in relationships, things can't be worked out. When the slightest thing goes wrong, it seems easier to bolt than to talk.

In engaging prose filled with anecdotes we all can relate to, Dr. Weinberg unveils the psyche of men to show the real insecurities that lurk there. Other books like *The Rules* and *Men Are from Mars, Women Are from Venus* have played right into men's fears -- by accepting the old myth and telling women that their job is to "overcome" men's fear of commitment. As Dr. Weinberg explains, this is exactly the wrong thing to do. Men have a powerful radar that tells them to run away when any strategy is being used on them. He explains why games of any kind -- playing hard to get, making a man jealous -- will only push a man further from commitment. And he gives women four simple keys to understanding their man's real needs and helping them move toward relationships.

It is easy to scare a man, but it is also easy to capture his love without playing games. *Why Men Won't Commit* shows women how to enter places where her man has not allowed any other woman to go and, if it's right, to stay there in a loving, committed relationship.

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