



The End of Illness

David B. Agus

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Can we live robustly until our last breath?

Do we have to suffer from debilitating conditions and sickness? Is it possible to add more vibrant years to our lives? In the #1 *New York Times* bestselling *The End of Illness*, Dr. David Agus tackles these fundamental questions and dismantles misperceptions about what “health” really means. Presenting an eye-opening picture of the human body and all the ways it works—and fails—Dr. Agus shows us how a new perspective on our individual health will allow us to achieve a long, vigorous life.

Offering insights and access to powerful new technologies that promise to transform medicine, Dr. Agus emphasizes his belief that there is no “right” answer, no master guide that is “one size fits all.” Each one of us must get to know our bodies in uniquely personal ways, and he shows us exactly how to do that. A bold call for all of us to become our own personal health advocates, *The End of Illness* is a moving departure from orthodox thinking.

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