



Happy Kids: The Secrets to Raising Well-Behaved, Contented Children

Cathy Glass

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A fresh and practical guide to successfully managing children's behaviour – from babies to young adults.

Cathy Glass has been a foster carer for over 20 years, during this time fostering more than 50 children, as well as bringing up three of own. Many of these children have had severe behavioural difficulties and have come to Cathy as a last resort, when their parents or carers were no longer able to cope.

Drawing on a combination of years of training and extensive personal experience, in this comprehensive guide, Cathy passes on her tried and tested methods for guiding, nurturing and disciplining children.

Approaching child development chronologically, this book guides you through Cathy's incredibly simple and effective 3Rs technique: Request, Repeat and Reassure.

Within this framework, Cathy addresses a host of childcare issues, including, amongst others, why children misbehave and what parents can do to the change this, how diet can affect children's behaviour, what parents can do to avoid sibling rivalry, and how to spot and address the behavioural symptoms of special needs such as dyslexia, autism, ADHD and bipolar.

Applicable to all age groups - from newborn babies to young adults - Happy Kids is a clear and concise guide to raising confident, well-behaved and happy children.

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A lot of people always spent their particular free time to vacation or even go to the outside with them household or their friend. Did you know? Many a lot of people spent that they free time just watching TV, or even playing video games all day long. If you wish to try to find a new activity here is look different you can read some sort of book. It is really fun for yourself. If you enjoy the book that you simply read you can spent all day every day to reading a reserve. The book Happy Kids: The Secrets to Raising Well-Behaved, Contented Children it is extremely good to read. There are a lot of those who recommended this book. These people were enjoying reading this book. In the event you did not have enough space bringing this book you can buy the actual e-book. You can m0ore simply to read this book from a smart phone. The price is not to fund but this book provides high quality.

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