



Spiralizer Cookbook #1 - 50 Unique & Healthy Spiralizer Recipes (Volume 1)

Tammy Boyer, Recipe Junkies

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This book is printed both in paperback & eBook formats for your convenience.

Get out your spiralizer & join in on all of the creative fun you can be having in the kitchen!

Check out some of the delicious recipes we have for you today...

**Comfort Noodles Paleo Spaghetti and Carbonara
Italian Meatball Zoodle Soup Tuna Zoodle
Casserole and Smoked Paprika Lemon and Garlic
Shrimp with Zucchini Noodles and Spinach Thai
Basil Sambal Noodles Chicken Paleo Tetrazzini
Roasted Garlic Chicken with Vegetable Primavera
Stir Fry Vietnamese Style Chicken Noodle Soup**

**Spaghetti Squash and Basil Avocado Sauce with
Chicken Paleo Chow Mein Zucchini Pasta and
Avocado, Roasted Tomato with Bacon Basil Bacon
Zucchini Pasta Noodles and Vegetables with Asian
Pesto Sauce Creamy Tomato Sauce with Zoodles
Zoodles with Caper Olive Sauce and Tomatoes
Coconut Lime Zucchini Carpaccio and Avocado
Pistachio Drizzle Sesame Zoodles Rainbow Raw
Tad Thai Style Green Ribbon Salad Zucchini
Fettuccine and Rosemary Butternut Cream Sauce
Tomato Cream Sauce and Squash Noodles Paleo
Fettuccine Alfredo Cucumber Noodles and
Asparagus with Ginger Scallion and Sesame Sauce
Paleo Mango Cucumber Salad Cold Cucumber
Noodles and Strawberry Balsamic Vinaigrette
Mint-Cucumber Noodles and Ginger Dressing
Cucumber Lemon Noodles with Cumin Sweet
Potato Noodles and Kale Pesto Crispy Paleo
Noodles Sweet Potato Macaroni and Cheese Sweet
Potato Pasta with Prosciutto, Figs, and Goat
Cheese Buffalo Chicken Alfredo and Sweet Potato
Pasta Citrus Bison Meatballs and Crispy Potato
Noodles Mummy Potato Hot Dogs Pumpkin Pie**

**Spice Potato Noodle Waffles Apply Funnel Cakes
Carrot Spaghetti Carrot Pasta and Creamy Zesty
Garlic Sauce Purple Cauliflower Thai Green
Coconut Curry and Carrot Noodles Pasta
Primavera and Eggplant Noodles with Alfredo
Sauce Spicy String Jicama Fries Garlic Ginger
Parsnip Noodles Pasta Paleo Puttanesca Mexican
Paleo Noodle Bowl Carrot Pasta Salad and
Ginger-Lime Peanut Sauce Garlic and Parmesan
Spaghetti Squash Raw Rainbow Noodles Creamy
Zucchini Pasta**

**Get excited ,and get creative in the ktichen with
your spiralizer tonight!**

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Amelia Gallup:

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