



Grow Down: How to Build a Jesus-Centered Faith

Ken Castor

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"What do you want to be when you grow up?" That might be one of the worst questions anyone could ever ask a teenager. Our society pushes you to grow up, to stand on your own two feet, to chase after meaningful pursuits. But what if there was a better way to grow, a better path to follow, a richer life to lead? *Grow Down* is built around the idea that there is a better way to grow: by rooting yourself through a life centered in Jesus. Using Colossians 2:6-7 as a backdrop and a tree as a visual, this book envisions a generation that chooses to be un-adulterated. That's the priority for author Ken Castor, who has worked with teenagers and young adults for more than 20 years. Like a tree, a follower of Christ must root deeply into Jesus, find all nourishment to stand strongly through life in him, and then naturally impact others with fruit and shade, protection, and life-breathing air. As you grow down into Jesus, you'll draw up the resources you need to stand through any pressures, and then you'll overflow with an abundance of life that this grownup world so desperately needs.

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Mary Marshall:

People live in this new morning of lifestyle always try and and must have the extra time or they will get lot of stress from both lifestyle and work. So , once we ask do people have extra time, we will say absolutely sure. People is human not really a huge robot. Then we question again, what kind of activity are there when the spare time coming to you actually of course your answer will unlimited right. Then do you try this one, reading ebooks. It can be your alternative within spending your spare time, often the book you have read is definitely Grow Down: How to Build a Jesus-Centered Faith.

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Mark Klein:

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