



Child and Adolescent Therapy: Cognitive-Behavioral Procedures, Second Edition

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This authoritative volume describes effective cognitive-behavioral approaches to a range of frequently encountered child and adolescent disorders. The book begins with a guiding model for conducting multifaceted treatment that is sensitive to individual and developmental concerns. Chapters by leading clinician-researchers then address specific behavioral and emotional problems, including aggression, anger, ADHD, depression, anxiety disorders, and difficulties faced by children with chronic health conditions. Providing a practical overview of salient clinical techniques, each up-to-date chapter summarizes related literature and considers future directions for research and practice. Also examined are developmental issues specific to work with adolescents and the current status of empirically supported interventions.

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