



Object Relations Psychotherapy: An Individualized and Interactive Approach to Diagnosis and Treatment

Cheryl Glickauf-Hughes, Marolyn Wells

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"Glickauf-Hughes and Wells present a clear and well-organized review of personality development according to object relations theorists. They offer an explanation and critique of each major theorist, note issues on which there is disagreement (along with areas of investigation not fully explored), and present implications for treatment. Concepts are well defined, and one gets the sense of a cohesive body of knowledge (possibly more cohesive than it actually is). Those unfamiliar with object-relations theory will have a good outline; those who know enough to be confused will find some clarification."

—Journal of Psychotherapy Practice and Research

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