



Midnights with the Mystic: A Little Guide to Freedom and Bliss

Cheryl Simone, Sadhguru

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Constructed around a series of late night conversations around a camp fire between Cheryl Simone and Sadhguru Vasudev on an Island in the middle of a Western North Carolina lake near her mountain home, *Midnights with the Mystic* is the most thorough exposition of the teachings of India's most sought after mystic. Sadhguru challenges us to embrace the possibility that to each of us is available a higher realm of reality, a peak of consciousness/ an entrée into the realm of freedom and bliss.

Simone, an Atlanta real estate developer, was the typical baby boomer in search of an authentic spiritual experience. Professionally successful, yet spiritually arid, she discovered a way into what she was looking for in the teachings of Sadhguru. Concrete and down-to-earth, *Midnights with the Mystic* both provides readers with an introduction to profound spiritual teaching and a personal glimpse of a charismatic guru.

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Sherrill Height:

A lot of people always spent their very own free time to vacation or go to the outside with them family or their friend. Were you aware? Many a lot of people spent many people free time just watching TV, as well as playing video games all day long. In order to try to find a new activity honestly, that is look different you can read the book. It is really fun to suit your needs. If you enjoy the book that you simply read you can spent 24 hours a day to reading a publication. The book *Midnights with the Mystic: A Little Guide to Freedom and Bliss* it is rather good to read. There are a lot of people that recommended this book. These people were enjoying reading this book. In the event you did not have enough space to deliver this book you can buy typically the e-book. You can m0ore quickly to read this book from the smart phone. The price is not to fund but this book features high quality.

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