



# The DIABETIC Bible (Your All-in One Guide to Living Well with Diabetes)

*Dana & Allen Bennett King Armstrong*

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**The DIABETIC Bible (Your All-in One Guide to Living Well with Diabetes)** Dana & Allen Bennett King Armstrong

This is a cookbook for Diabetics. Has all sorts of information for the types of food Diabetics can eat and how to prepare delicious meals and deserts for the Diabetic person in your life.

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