



# The Art of Art Therapy: What Every Art Therapist Needs to Know

*Judith A. Rubin*

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*The Art of Art Therapy* is written primarily to help art therapists define and then refine a way of thinking about their work. This new edition invites the reader to first consider closely the main elements of the discipline embodied in its name: *The Art Part* and *The Therapy Part*. The interface helps readers put the two together in an integrated, artistic way, followed by chapters on *Applications* and *Related Service*. Included with this edition is a DVD containing two hours of chapter-related video content.

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