



# Emotion and Peace of Mind: From Stoic Agitation to Christian Temptation (Gifford Lectures)

*Richard Sorabji*

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Richard Sorabji presents a ground-breaking study of ancient Greek views of the emotions and their influence on subsequent theories and attitudes, Pagan and Christian. While the central focus of the book is the Stoics, Sorabji draws on a vast range of texts to give a rich historical survey of how Western thinking about this central aspect of human nature developed.

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