



French Caribbean Cuisine

Stephanie Ovide

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This marvellous cookbook contains over 150 authentic recipes from the French islands of Guadeloupe and Martinique. Favourites such as Avocado Charlotte, Fish Crepes Saintoise, and Fish Court Bouillon will beckon everyone to the table. Also included are a chapter on local drinks, a glossary on Caribbean food products and a list of sources where speciality ingredients can be purchased.

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