



Food Safari: Glorious adventures through a world of cuisines

Maeve O'Meara

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Food Safari takes the reader on an adventure into 34 diverse and fascinating cuisines by exploring the basic ingredients of each cuisine and making the exotic familiar. Offering simple foolproof recipes that anyone can cook at home it is a delicious journey into new worlds, making delicious discoveries. Food Safari takes you on a culinary globetrot with Maeve O'Meara, who has spent most of her life seeking out great food, recipes and the clever people who make simple ingredients sing. Her camaraderie with everyone from three-hat chefs to passionate home-cooks results in a book that feeds any foodlover's desire for insider knowledge. Food Safari demystifies exotic cuisines, helps you shop for the key ingredients and cooking implements and includes simple recipes from cultures as far flung as Africa, the Middle East, Europe, Asia, North America and South America.

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