



The Complex: An Insider Exposes the Covert World of the Church of Scientology

John Duignan, Nicola Tallant

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For the first time ever, a former high-ranking member of the Church of Scientology is lifting the lid on life inside the world's fastest growing cult. The Complex reveals the true story behind the religion that has ensnared a who's who list of celebrities such as Tom Cruise and John Travolta, and convinced thousands of ordinary people to join up.

Duignan describes how two years ago he staged a dramatic escape from the elite paramilitary group at the core of the Church, the Sea Organisation, and how he narrowly evaded pursuit by Scientologists from the Office of Special Affairs. He looks back on the 22 years he served in the Church's secret army and describes the hours of sleep deprivation, brain-washing and intense auditing or religious counselling he endured, as he was moulded into a soldier of Scientology. He talks about the money-making-machine at the heart of the Church, the Scientology goal to Clear the Planet and Get Ethics In, the training programmes, the Rehabilitation Project Force and the punishments meted out to anyone who transgresses, including children. We follow his journey through the Church and the painful investigation that leads to his eventual realisation that there is something very wrong at Scientology's core.

The beliefs of the Church of Scientology might sound like something from a science fiction book but The Complex reveals that the Church's growing power base is a shocking reality.

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