

Do Chocolate Lovers Have Sweeter Babies?: The Surprising Science of Pregnancy

Jena Pincott

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Do Chocolate Lovers Have Sweeter Babies?: The Surprising Science of Pregnancy Jena Pincott ** Recipient of starred reviews from *Kirkus* and *Library Journal* **

Science writer Jena Pincott spent her pregnancy and postpartum months asking the types of questions that doctors don't answer, and that expectant mothers will not expect. In this curiosity-driven exploration into the "hidden" side of pregnancy, learn how genes play favorites, amniotic fluid carries flavors; how semen can be a fetus's friend or foe; how the brains shrinks and grows; and what mind-control chemicals are doing in breast milk, sweat, and tears.

Drawing on studies in evolutionary psychology, biology, neuroscience, reproductive genetics, and epigenetics, the influence of the environment on the behavior of genes, Pincott explores questions such as:

- * Does stress sharpen your baby's mind--or dull it?
- * Can you predict your baby's temperament?
- * Why are babies born in the darker months of the year more likely to grow up to be novelty-loving risk takers?
- * Are bossy, dominant women more likely to have boys?
- * How can the cells left behind by your baby affect you years later?

This is a different kind of pregnancy book--thoughtful, humorous, intimate, and filled with information you won't find anywhere else.



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From reader reviews:

Emma Englund:

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