



# The Intent to Live: Achieving Your True Potential as an Actor

*Larry Moss*

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## **The Intent to Live: Achieving Your True Potential as an Actor** Larry Moss

“I call this book *The Intent to Live* because great actors don’t seem to be acting, they seem to be actually living.”

–Larry Moss, from the Introduction

When Oscar-winning actors Helen Hunt and Hilary Swank accepted their Academy Awards, each credited Larry Moss’s guidance as key to their career-making performances. There is a two-year waiting list for his advanced acting classes. But now everyone—professionals and amateurs alike—can discover Moss’s passionate, in-depth teaching.

Inviting you to join him in the classroom and onstage, Moss shares the techniques he has developed over thirty years to help actors set their emotions, imagination, and behavior on fire, showing how the hard work of preparation pays off in performances that are spontaneous, fresh, and authentic.

From the foundations of script analysis to the nuances of physicalization and sensory work, here are the case studies, exercises, and insights that enable you to connect personally with a script, develop your character from the inside out, overcome fear and inhibition, and master the technical skills required for success in the theater, television, and movies.

Far more than a handbook, **The Intent to Live** is the personal credo of a master teacher. Moss’s respect for actors and love of the actor’s craft enliven every page, together with examples from a wealth of plays and films, both current and classic, and vivid appreciations of great performances. Whether you act for a living or simply want a deeper understanding of acting greatness, **The Intent to Live** will move, instruct, and inspire you.

*From the Hardcover edition.*

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