

Teen Spirit Guide to Modern Shamanism: A Beginner's Map Charting an Ancient Path

S. Kelley Harrell

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Teen Spirit Guide to Modern Shamanism is a light-hearted and informative handbook introducing an ancient spiritual practice to today's young adults and beginning seekers. Modern shaman and author S. Kelley Harrell, gives insight into growing from an intuitive youth into a mature facilitator of healing for others, covering the history and roles of the shaman, and their relevance in our shifting times. Complete with instructions on ecstatic journeying, this guide also presents how to incorporate shamanic insights into daily life, and how to talk with others about the modern shamanic path.



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