



Breathing Room: Creating Space to Be a Couple

Elayne Savage

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Is resentment eating away at your relationship?

Are you tired of hurt feelings and misunderstandings?

Would you like to rebuild connection and intimacy?

Breathing Room provides practical tips to improve all relationships:

- Balance your needs
- Improve communication, teamwork, and trust
- Bounce back from disappointments, hurt, and differences

Breathing Room gives you the tools to take your relationship skills to a new level!

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