

## Soul: Treatment and Recovery: The selected works of Murray Stein (World Library of Mental Health)

Murray Stein

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Murray Stein is well-known as an insightful and pioneering author and academic. *Soul: Treatment and Recovery* presents a selection of papers and book chapters spanning his career from 1973 to 2012.? The chapters included in this collection speak for Stein's hope that individuals and humanity as a whole can evolve toward greater consciousness and awareness of meaning in daily life.

The book is presented in four parts, each of which represents a stage in Stein's personal development as an author. Part One, Psyche and Myth, presents papers which draw on timeless documents of the soul for the benefit of our generations of humans who are no longer contained within mythic consciousness. In Part Two, Clinical Themes, Stein has selected papers and an interview that explore themes familiar to many clinicians that were raised in his own practical work as a Jungian psychoanalyst. Part Three is dedicated to the process of individuation, a key notion in analytical psychology which lies at the heart of the Jungian enterprise and is a topic that has occupied Stein throughout his career. Finally, Part Four presents several papers dealing with the theme of psychology and spirituality, a matter of increasing concern to Stein in recent years.

This unique collection of work will be of great interest to analytical psychologists and psychotherapists as well as academics and students in the field. Additionally, for anyone invested in the project of self-discovery and with the desire to relate more deeply to self and world, the papers included here will suggest important points of reference and directions to pursue further.



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