



What Book!?: Buddha Poems from Beat to Hiphop

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With poems from spiritual teachers to jazz musicians, from the monastery to the street, What Book!? brings together a boad range of verse, expressions of living in an awakened way. "A poet once located poetry as somewhere before or after words take place. Mindfulness is the practice of finding that realm, dwelling there, and cultivating the ability to live completely in the present, deeply aware and appreciative of life." from the author's Preface. "This enigmatically titled anthology offers numerous delights and valuable evidence that great poetic variety, from haiku and witty two liners to page-long discourses, has by now given distinct expression to Western Buddhism." - Publisher's Weekly.



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