



# Caring for Our Aging Parents: Lessons in Love, Loss and Letting Go

*Michele Howe*

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## **Caring for Our Aging Parents: Lessons in Love, Loss and Letting Go** Michele Howe

In "Caring for Our Aging Parents," Michele Howe provides practical and necessary guidance to help readers navigate the uncertain and emotional territory of caring for elderly parents. This book addresses the mental and emotional aspects of growing older, and offers sound biblical advice on how to care for your loved ones with positivity and respect.

"Caring for Our Aging Parents" will guide adult individuals who are facing the obvious and subtle changes that take place as their parents age. It addresses a variety of mental, emotional, physical, and spiritual areas of decline. Readers will learn how to deal more effectively with their own emotional responses to these ever altering shifts in their parents personalities with good grace and by utilizing sound biblical principles.

This resource offers real life stories of individuals who have found positive and life-affirming methods to communicating respectfully and lovingly to their aged parents. Readers will also be heartened to find practical suggestions for mending broken relationships and gaining new ground with their parents, even when their past has been checkered by pain and difficulty.

Chapters Include: They're My Parents Too, Love and Respect Defined, When Finances Become Deal Breakers, Learning to Let Go of the Past, Focusing on the Eternal When the Temporal Feels Too Painful, Seeing Older Parents Through the Lens of Grace, Recognizing Your Parents Personalities May Completely Disappear, Gently Challenging Parents to Keep Using Their Gifts and Talents, Sharing Your Faith with Unbelieving Parents, "and many more."

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### **From reader reviews:**

#### **Keisha Kent:**

The book *Caring for Our Aging Parents: Lessons in Love, Loss and Letting Go* has a lot of knowledge on it. So when you make sure to read this book you can get a lot of benefit. The book was written by the very famous author. The writer makes some research prior to write this book. This particular book very easy to read you can obtain the point easily after looking over this book.

#### **Jeffrey Brown:**

*Caring for Our Aging Parents: Lessons in Love, Loss and Letting Go* can be one of your beginning books that are good idea. We all recommend that straight away because this publication has good vocabulary which could increase your knowledge in words, easy to understand, bit entertaining but nevertheless delivering the information. The article author giving his/her effort to get every word into pleasure arrangement in writing *Caring for Our Aging Parents: Lessons in Love, Loss and Letting Go* although doesn't forget the main stage, giving the reader the hottest as well as based confirm resource details that maybe you can be among it. This great information could drawn you into brand new stage of crucial pondering.

#### **Mamie Bostic:**

This *Caring for Our Aging Parents: Lessons in Love, Loss and Letting Go* is new way for you who has curiosity to look for some information given it relief your hunger details. Getting deeper you upon it getting knowledge more you know otherwise you who still having tiny amount of digest in reading this *Caring for Our Aging Parents: Lessons in Love, Loss and Letting Go* can be the light food for you because the information inside this particular book is easy to get simply by anyone. These books develop itself in the form that is reachable by anyone, yep I mean in the e-book contact form. People who think that in publication form make them feel drowsy even dizzy this book is the answer. So there is not any in reading a reserve especially this one. You can find what you are looking for. It should be here for an individual. So , don't miss the item! Just read this e-book style for your better life and knowledge.

#### **Robert Journey:**

A lot of people said that they feel uninterested when they reading a guide. They are directly felt the idea when they get a half areas of the book. You can choose the actual book *Caring for Our Aging Parents: Lessons in Love, Loss and Letting Go* to make your current reading is interesting. Your skill of reading proficiency is developing when you such as reading. Try to choose very simple book to make you enjoy to read it and mingle the opinion about book and reading especially. It is to be initially opinion for you to like to wide open a book and go through it. Beside that the publication *Caring for Our Aging Parents: Lessons in Love, Loss and Letting Go* can to be your new friend when you're really feel alone and confuse with the information must you're doing of this time.

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