



Aunt Erma's Cope Book: How To Get From Monday To Friday . . . In 12 Days

Erma Bombeck

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Erma Bombeck's hilarious guide to using self-help books to prosper or—more likely—to perish

As far as Erma can tell, her life is going well. Her children speak to her, her husband smiles at her, and she's capable of looking in a mirror without screaming. But her friends know better. No matter how happy Erma thinks she is, she's in need of help, and the only way to fulfillment is a ten-foot stack of self-improvement books. From *Sensual Needlepoint* to *Fear of Buying*, Erma will try them all.

One book recommends bringing roleplay into the bedroom, so she dresses up in her son's football pads. She tries to meditate but gets stuck in the lotus position. She spends more time in the kitchen but only succeeds in melting her son's retainer. No matter how hard she tries to improve her family life, her schemes keep backfiring. As she soon learns, you may not always be able to fix what's not broken—but with enough self-help books, you can break anything you want.

This ebook features an illustrated biography of Erma Bombeck including rare images and never-before-seen documents from the author's estate.

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Sheila Nathan:

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Rose Rafferty:

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Opal Moffett:

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